



Parenting: From Survival to Success

(for parents of children 4 to 16 years)

Parenting can be the most difficult, but potentially most rewarding challenge a person can take on. Often, our own parenting experiences may not prepare us to be the kind of parent we wish to be. Emphasizing the successes every child has and minimizing the energy we give to their mistakes (negative behaviors) allows parents and others who deal with children to transform the child and the picture they have of themselves. Parents also find this approach transforms them from negative, rule-setting, demanding, frustrated authority figures to generous, supportive, positive parents.

Where:

Pine Rest Southwest Clinic
4211 Parkway Place SW, Suite 100
Grandville, MI 49418

Cost:

\$75 for the series of classes
One or both parents may attend for this fee

Participants will be required to purchase Transforming the Difficult Child Workbook by Howard Glasser, Joann Bowdidge and Lisa Bravo. The cost of the workbook is \$18.

Facilitator:

William J. Rowell, Ph.D, ABPP

RSVP:

Those interested in registering should call 616-222-3700.

When:

All sessions are Thursdays
from 6:00 - 7:30 p.m.

Session 1: February 5, 2015
"Introduction to the Nurtured Heart Approach to Parenting"

Session 2: February 12, 2015
"Crucial Concepts of the Nurtured Heart Approach"

Session 3: February 19, 2015
"Techniques to Energize Success"

Session 4: February 26, 2015
"Consequences and Limit Setting"

Session 5: March 5, 2015
"Strengthening Your Intentions and Sharing Your Successes"

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