# HUDSONVIILI: COONIMUUNITY EDUCCATION PRRESE:NTS <br> , 

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Come Join us on Wednesdays, June 16 \& 30 at the Hudsonville Athe This is your chance to see if those workouts are Baldwin St. These events are for the wh

June 16 ~ starting at 6:00 p.m. - mile run, 30 meter dash ( 8 and under), 70 meter dash really increasing your speed and times.
Events: June $16 \sim$ starting at 6:00 p.m. - mier $\quad$ (high school \& up), 300 m hurdles, $800 \mathrm{~m}, 4 \mathrm{4} 400$ relay (ages 9-13), 100 meter dash (1igh
June 30 ~ starting at 6:00 p.m. - 3200 meter run, 30 mol \& up), prediction mile (no meter dash (ages 9-13), 200 meter das relay watches), $400 \mathrm{~m}, 100 \mathrm{~m}$ hur ,
If you have any questions, please contact Kevin Conkel, coordinator, at 616-662-2343
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 Events begin at 6:00 p.m. Age brackets will be combined if there are to0 few people signed up. Age brackets as follows: 8 \& under, 9 -13, 14-17, 18-22, 23-30, 31-40, 41-50, 51-60, 61 \& up

