

Cooking for Kids

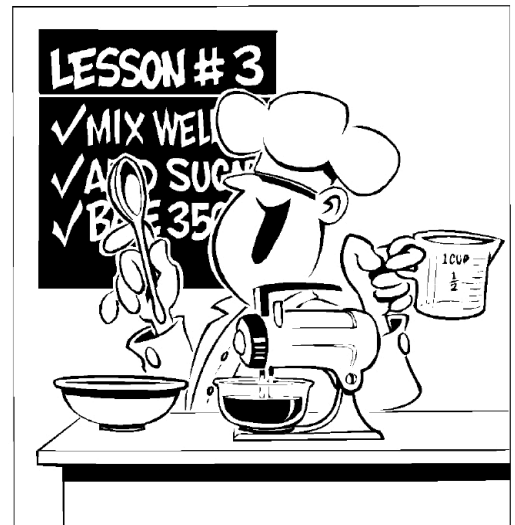
Hudsonville Community Education and GVSU's Hospitality & Tourism Management Department are teaming up to offer an exciting introductory cooking class for kids in 3rd - 5th grade. Your child will learn about food preparation and kitchen safety.

Week 1: *Breakfast Bazaar* ~ Learn about scrambling eggs and making French toast; explore real oatmeal with toppings.

Week 2: *Pasta Parade* ~ How to boil pasta and make spaghetti sauce from scratch; learn about fresh ingredients and herbs; make your own meatballs!

Week 3: *Fru-ble Fantasia* ~ Fun with fruit and what to do with all those apples you pick each autumn; discover a different way of cooking vegetables; practice beating up potatoes!

Week 4: *Baking Beauties* ~ Learn about mixing batter and rolling dough; cutting out and baking cookies; and putting your creative decorating talents into action.



Instructor: Allison Adams, Hospitality & Tourism Management, GVSU

When: Mondays - February 28 - March 21, 2011

Time: 6:00 p.m. - 8:00 p.m.

Cost: \$75 for the 4 week session

Where: The Meadows Clubhouse on the campus of GVSU in Allendale. Enter off of 48th Ave., the Meadows Clubhouse is the first building on the left.

You may register **online** by visiting www.hudsonvillepublicschools.org, or you can mail or drop form off at Hudsonville Community Education.

2011 Cooking for Kids Class

Name	Date of Birth	Grade
Address	City	Zip
Phone:	Cell Phone:	
School:	Email:	

Please return form and fee payable to:
(Do not return to your child's school)

Hudsonville Community Education
3886 Van Buren
Hudsonville, MI 49426

Waiver: I realize that by signing this form, I will not hold Hudsonville Community Education, GVSU, or any of its employees associated with this program responsible for any injuries that might occur in the above program. I realize that by participation in this program there is a certain degree of risk, and injuries might occur.

Parent/Guardian Signature
