# GYMNASTICS/DANCE/CHEER

Hudsonville Community Education & Gymnastiks Unlimited are teaming up to offer boys and girls some new and exciting classes. Each session lasts four (4) weeks.

Where: Gymnastiks Unlimited, 3400 Highland Dr., Hudsonville

**When:** Session 1 - Starts the week of January 3, 2011

Session 2 - Starts the week of January 31, 2011

**Cost:** \$40 for the 4 week session

**Questions:** Call Gymnastiks Unlimited at 669-6789

## Boomers Class - Parent & Child (18 mos - 3 years)

**Days:** Saturdays - 9:30 a.m.

Your child will begin learning and exploring new things. The alphabet is incorporated into this super fun curriculum!

#### Flyers 1 Class (ages 3 & 4)

**Days:** Saturdays - 10:30 a.m.

This class is designed with the beginner in mind. Learn the basics of gymnastics along with flexibility and coordination.

#### Flyers 2 Class (ages 5 & 6)

Days: Saturdays - 11:30 a.m.

This class will focus on the basics of skills - Bars, Beams, Floor, Vault, and Trampoline. Zoo-phonics & sign language is also incorporated into this diverse class.

#### <u>Cheer Class (ages 3 - 5) & (6 & up)</u>

**Days:** Wednesday - Ages 3 - 5 - 5:15 p.m.

Wednesday - Ages 6 & up - 6:15 p.m.

If your child wants to be a cheerleader, enhance tumbling skills or learn new ones, then this is the class for her!

# Beginner Sparkler - (ages 6 - 8)

**Days:** Saturdays - 9:30 a.m.

This class is for the beginner that wants to learn the basics of gymnastics.

## Beginner Shining Stars (ages 9 & up)

**Days:** Saturdays - 10:30 a.m.

This class is for the beginner that wants to learn the basics of gymnastics.

# Beginner Boys Nova (ages 6 & up)

Days: Thursday - 6:25 p.m.

This class is for the beginner that wants to learn the basics of gymnastics. Boys work on High Bar, Pommel, Mushroom, Rings, Floor & Parallel Bar.

#### Gymnastics/Dance Combo - (ages 4 - 8)

**Days:** Monday - 5:00 p.m.

Love gymnastics? Love to dance? Then we have the class for you! Why not learn both?

# 2011 Gymnastics/Dance/Cheer Registration Form

Save time & register online at www.hudsonvillepublicschools.org

Name	Ι	Date of Birth	Ph	one	
Address		City		Zip	
Session	Class	Da	y	Time	
School	Age	Grade	Email		

Please return form and fee payable to:

Hudsonville Community Ed., 3886 Van Buren, Hudsonville, MI 49426

(Do not return to your child's school)

**Waiver:** I realize that by signing this form, I will not hold Hudsonville Community Education, Gymnastiks Unlimited, or any of their employees associated with the program responsible for any injuries that might occur in the above program. I understand that by participating in this program there is a certain degree of risk, and injuries might occur.

#### Parent/Guardian Signature: