

If your child has head lice, we recommend the following:

1. DO NOT PANIC.
2. Do create PANIC in YOUR CHILD.
3. Check your child's hair immediately and carefully. If you find lice, determine a treatment plan by calling your doctor. Notify the school. CLEAN all surfaces that your child would come into contact with: sheets, pillows, blankets, stuffed animals, clothing. Keep your child home until there is no evidence of lice or nits. We do not check for head lice at school.
4. Even if your child is lice free, please wash ALL outdoor clothing with **hot** water and dry clothing in **hot** dryer.
5. Educate your child to not share hats, scarves, brushes, etc. Keep hats, mittens, scarves in backpacks at school.
6. Monitor your child for excessive scratching of head.

TRUTHS ABOUT LICE:

1. Medical term: pediculosis capitis
2. Louse = 1; Lice = more than one.
3. Lice DO NOT JUMP. They crawl.
4. Lice spread through close contact – hats, combs, brushes, etc.
5. Lice can live 2-3 days off the body.
6. Nit is the name for a louse egg.
7. A louse will lay 6 eggs per day.
8. A nit can live up to 10 days off the body.
9. Lice are killed quickly with treatment.
10. Nits require daily combing and inspection daily for 3 weeks.
11. ***Lice do not discriminate. They love scalps of any any child!***

Links to videos you may find helpful:

- [Lice Crawling](#)
- [Lice Truths](#)
- [Identification](#)