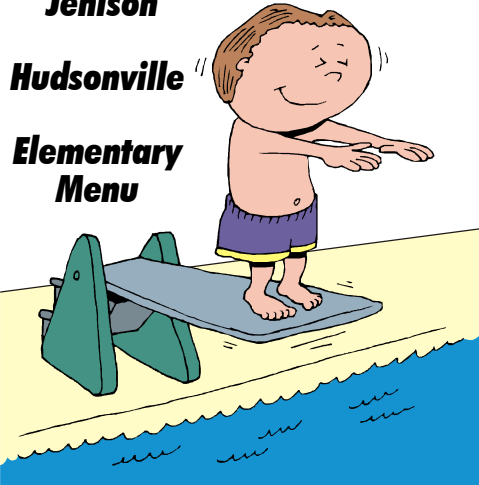


Jenison

Hudsonville

Elementary  
Menu



# Menus

## for

# Sept 2012

### Available Daily

BABY CARROTS,  
CANNED FRUIT AND  
FRESH FRUIT  
ARE AVAILABLE ON THE  
FOOD BAR DAILY

MILK AVAILABLE DAILY:  
1% WHITE  
FAT FREE WHITE  
FAT FREE CHOCOLATE

NUTRITION  
INFORMATION ON THIS  
MENU CAN BE FOUND  
AT  
WWW.JENHUDFOOD  
.ORG

### Pricing Info

LUNCHES - \$2.00 PER  
DAY AND INCLUDE A  
MILK

REDUCED PRICE MEALS  
FOR THOSE WHO  
QUALIFY - \$.40 PER DAY

MILK ONLY - \$.50 PER  
DAY

ONLINE DEPOSITS CAN  
BE MADE AT  
WWW.  
SENDMONEYTOSCHOOL.  
COM  
THERE IS A \$2.00 FEE  
FOR THIS SERVICE.

### Tuesday, Sept. 4

**WELCOME BACK  
WEEK**

**CHOOSE ONE:**  
(W) CHEESE PIZZADILLA  
OR  
(B) CHICKEN NUGGETS

SIDES

FRESH BROCCOLI

APPLE

### Wed., Sept. 5

**CHOOSE ONE:**  
(W) HONEY RIB SANDWICH  
ON BUN  
OR  
(B) CHICKEN NUGGETS

SIDES

BAKED BEANS

PEACHES

### Thursday, Sept. 6

**CHOOSE ONE:**  
(W) HOT DOG ON BUN  
OR  
(B) CHICKEN NUGGETS

SIDES

PEARS

BANANA

### Friday, Sept. 7

**CHOOSE ONE:**  
(W) HAM CHEF  
OR  
(B) CHICKEN NUGGETS

SIDES

LETTUCE MIX

GRAPES

GOLDFISH GRAHAM CRACKER

FREE MYPLATE ERASER



# You're Back!

And we're so happy to  
see you! We hope you  
will join us often this  
year for delicious food  
that's good for you, too!

# LET'S EAT!

### Monday, Sept. 10

**TRY A NEW VEGGIE  
WEEK**

**CHOOSE ONE:**  
(W) PEPPERONI PIZZA BAGEL  
OR  
(B) CHEESEBURGER OR  
HAMBURGER ON BUN

SIDES

FRESH SPINACH

PINEAPPLE

### Tuesday, Sept. 11

**CHOOSE ONE:**  
(W) CHICKEN NOODLE AND  
RICE SOUP WITH MINI  
BOSCO  
OR  
(B) CHEESEBURGER OR  
HAMBURGER ON BUN

SIDES

BABY CARROTS

FRESH PEAR

### Wed., Sept. 12

**CHOOSE ONE:**  
(W) BEEF AND BEAN BURRITO  
OR  
(B) CHEESEBURGER OR  
HAMBURGER ON BUN

SIDES

PEAS

ORANGE WEDGES

### Thursday, Sept. 13

**CHOOSE ONE:**  
(W) MAC AND CHEESE  
OR  
(B) CHEESEBURGER OR  
HAMBURGER ON BUN

SIDES

GREEN BEANS

MIXED FRUIT

### Friday, Sept. 14

**CHOOSE ONE:**  
(W) FISH TREASURES (5)  
(FISH NUGGETS)  
OR  
(B) CHEESEBURGER OR  
HAMBURGER ON BUN

SIDES

BEAN SALAD

FRESH APPLE

## Spare Poor Piggy

You don't have to  
break the bank to  
enjoy a great meal  
with us. We beg you  
- **LET THE PIG LIVE!**

Milk Only

# \$.50

Lunch with Milk

# \$2.00



We provide free and reduced-price  
meals (\$.30 for breakfast, \$.40 for  
lunch) for eligible students.  
Please call 457-2400 for details.

**Monday, Sept. 17**

**CREATIVE THINKING WEEK**  
**CHOOSE ONE:**  
(W) CHICKEN FLOWER  
(FLOWER SHAPED CHICKEN NUGGET)  
OR  
(B) SUB SANDWICH ON BUN

SIDES

HOT BROCCOLI

GRAPES

**Tuesday, Sept. 18**

**CHOOSE ONE:**  
(W) CHEESY GARLIC  
FLATBREAD  
OR  
(B) SUB SANDWICH ON BUN

SIDES

BAKED BEANS

BANANA

**Wed., Sept. 19**

**CHOOSE ONE:**  
(W) TEXAS CINNAMON TOAST  
WITH SCRAMBLED EGGS  
OR  
(B) SUB SANDWICH ON BUN

SIDES

100% GRAPE FLAVORED FRUIT  
JUICE

TROPICAL FRUIT MIX

**Thursday, Sept. 20**

**CHOOSE ONE:**  
(W) TURKEY GRAVY  
OR  
(B) SUB SANDWICH ON BUN

SIDES

MASHED POTATOES

PEACHES

ROLL

**Friday, Sept. 21**

**CHOOSE ONE:**  
(W) BOSCO CHEESE STUFFED  
BREADSTICKS (2) WITH  
MEATLESS SAUCE  
OR  
(B) SUB SANDWICH ON BUN

SIDES

LETTUCE MIX

PINEAPPLE

*A Note from the Food Service Director*

*Follow us on Twitter!!*

*A menu tweet will be sent out daily so  
you will know what the menu is for the  
next day.*

*Find us @JenHudFood.*

**Monday, Sept. 24**

**NATIONAL CHICKEN WEEK**  
**CHOOSE ONE:**  
(W) TERIYAKI BEEF NIBBLERS  
(4)  
OR  
(B) CHEESE PIZZA

SIDES

CORN

MANDARIN ORANGES

GOLDFISH GRAHAM CRACKERS

**Tuesday, Sept. 25**

**CHOOSE ONE:**  
(W) DICED BBQ CHICKEN ON  
BUN  
OR  
(B) CHEESE PIZZA

SIDES

LETTUCE MIX

APRICOTS

FROZEN CHERRY SHAPEUP

**Wed., Sept. 26**

**CHOOSE ONE:**  
(W) CORN DOG  
OR  
(B) CHEESE PIZZA

SIDES

BEAN SALAD

GRAPES

**Thursday, Sept. 27**

**CHOOSE ONE:**  
(W) MAC AND MEAT  
(MACARONI AND MEAT  
SAUCE)  
OR  
(B) CHEESE PIZZA

SIDES

FRESH BROCCOLI

APPLESAUCE

**Friday, Sept. 28**

**CHOOSE ONE:**  
(W) GRILLED CHICKEN PATTY  
ON BUN  
OR  
(B) CHEESE PIZZA

SIDES

BABY CARROTS

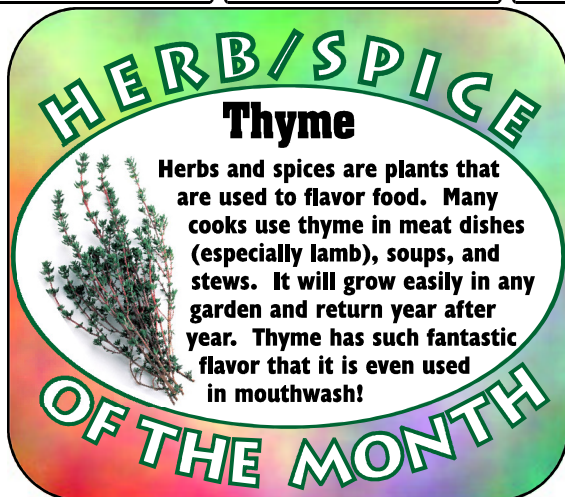
FRESH APPLE



THE MOOSE IS THE LARGEST DEER IN THE WORLD, BUT DESPITE ITS SIZE IT'S ALSO A **CHAMPION SWIMMER**. MOOSE CAN SWIM FOR 2 HOURS, MAINTAIN A SWIMMING SPEED OF 6 MPH, AND DIVE 20 FEET DOWN TO **NOSH ON AQUATIC VEGETATION**.

THE PENOBSCOT INDIANS BELIEVED THAT THE MOOSE WAS A WHALE THAT HAD LEARNED TO WALK ON LAND -- HOW ELSE TO EXPLAIN ITS PRODIGIOUS SIZE **AND** SWIMMING ABILITY?

**STRANGE**  
**BUT TRUE!**



**Word of the Month**

hu·mane

*adj.* 1. marked by compassion, sympathy, or consideration for humans or animals

2. motivated by concern with the alleviation of suffering