

Menus for November 2012

Hudsonville Elementary and Hudsonville Christian

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Available Daily

BABY CARROTS, CANNED FRUIT AND FRESH FRUIT ARE AVAILABLE ON THE FOOD BAR DAILY

MILK AVAILABLE DAILY: 1% WHITE FAT FREE WHITE FAT FREE CHOCOLATE

NUTRITION INFORMATION ON THIS MENU CAN BE FOUND AT WWW.JENHUDFOOD.ORG

Pricing Info

LUNCHES - \$2.00 PER DAY AND INCLUDE A MILK

REDUCED PRICE MEALS FOR THOSE WHO QUALIFY - \$.40 PER DAY

MILK ONLY - \$.50 PER DAY

ONLINE DEPOSITS CAN BE MADE AT WWW.SENDMONEYTOSCHOOL.COM THERE IS A \$2.00 FEE FOR THIS SERVICE.

DON'T 4 GET!

Take at least ONE FRUIT or VEGGIE and at least THREE items total so your meal counts as a complete lunch!

Don't you have enough to do already?!



Breakfast and lunch at school offer all kids a **convenient, economical, and healthy** alternative for their school-day nutrition. **Why not save yourself some aggravation and take advantage of this great service every day?** When your kids join us for breakfast and lunch, you can rest assured that they're eating nutritious meals – **and your family may qualify for meal benefits, as well.** You can apply at any time during the year. This school year, why not do your kids -- and yourself -- a favor. Encourage your kids to **join us for breakfast and lunch at school every day!**

School Meals
We serve education every day™

For more information, please call 457-2400

Monday, November 5

FALL BACK WEEK CHOOSE ONE:
(W) PEPPERONI PIZZA BAGEL OR
(B) CHEESEBURGER OR HAMBURGER ON BUN

SIDES

FRESH BROCCOLI
GRAPES

Tuesday, November 6

REMEMBER TO VOTE TODAY! CHOOSE ONE:
(W) CHICKEN NOODLE AND RICE SOUP WITH MINI BOSCO OR
(B) CHEESEBURGER OR HAMBURGER ON BUN

SIDES

BABY CARROTS
PEARS

Wed., November 7

CHOOSE ONE:
(W) HAM CHEF OR
(B) CHEESEBURGER OR HAMBURGER ON BUN

SIDES

LETTUCE
APPLE SLICES WITH CINNAMON
ORANGE WEDGES
GOLDFISH GRAHAM CRACKERS

Thursday, November 8

CHOOSE ONE:
(W) CHILI WITH MEAT AND BAKED SCOOPS OR
(B) CHEESEBURGER OR HAMBURGER ON BUN

SIDES

CORN
PEACHES
FREE FUN WRIST BAND

Friday, November 9

CHOOSE ONE:
(W) FISH TREASURES OR
(B) CHEESEBURGER OR HAMBURGER ON BUN

SIDES

BEAN SALAD
FRESH APPLE

WHOLE GRAIN RICH.

Whole-grain foods contain more fiber, vitamins, and minerals than refined grains. That's why we've been gradually adding whole-grain rich foods to our menus for years. And that's also why, within two years, ALL of the grains we serve will be whole-grain rich.

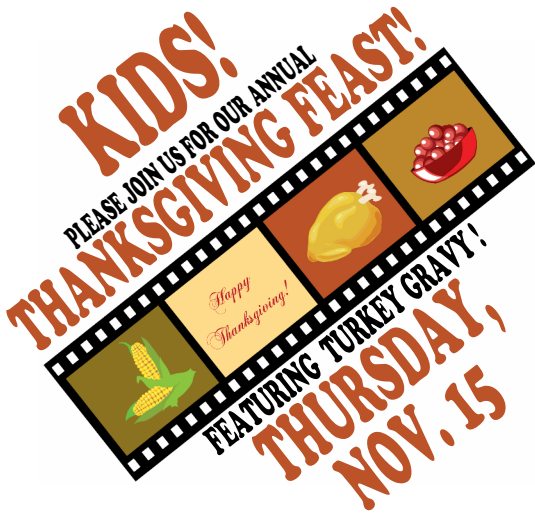


EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Thank You



★ VETERANS' DAY NOVEMBER 11★



Teachers give our kids a world of knowledge every day

American Education Week
November 11-17



Monday, November 12

AMERICA RECYCLES WEEK

CHOOSE ONE:
(W) FOOTLONG HOT DOG ON BUN
OR
(B) TURKEY & CHEESE ON BUN

SIDES

FRESH SPINACH
PINEAPPLE

Tuesday, November 13

CHOOSE ONE:
(W) TEXAS CINNAMON TOAST WITH SCRAMBLED EGGS
OR
(B) TURKEY & CHEESE ON BUN

SIDES

BABY CARROTS
FRESH APPLE
100% GRAPE FLAVORED FRUIT JUICE

Wed., November 14

CHOOSE ONE:
(W) CHICKEN FLOWER
OR
(B) TURKEY & CHEESE ON BUN

SIDES

BAKED BEANS
BANANA

Thursday, November 15

CHOOSE ONE:
(W) TURKEY GRAVY
OR
(B) TURKEY & CHEESE ON BUN

SIDES

MASHED POTATOES
APPLESAUCE
ORANGE WEDGES
ROLL

Friday, November 16

CHOOSE ONE:
(W) CHEESY GARLIC FLATBREAD
OR
(B) TURKEY & CHEESE ON BUN

SIDES

FRESH CELERY
MIXED FRUIT

Monday, November 19

BE THANKFUL WEEK

CHOOSE ONE:
(W) BEEF AND BEAN BURRITO
OR
(B) CHICKEN NUGGETS

SIDES

HOT BROCCOLI
MANDARIN ORANGES

Tuesday, November 20

CHOOSE ONE:
(W) CORN DOG
OR
(B) CHICKEN NUGGETS

SIDES

CALIFORNIA BLEND VEGETABLES
FRESH APPLE



See you back here on Monday, November 26!



Monday, November 26

NATIONAL FAMILY WEEK

CHOOSE ONE:
(W) TERIYAKI BEEF NIBBLERS
OR
(B) CHEESE PIZZA

SIDES

PEAS
FRESH APPLE
GOLFISH GRAHAM CRACKER
FREE MY PLATE PUZZLE

Tuesday, November 27

CHOOSE ONE:
(W) DICED BBQ CHICKEN ON BUN
OR
(B) CHEESE PIZZA

SIDES

BEAN SALAD
ORANGES WEDGES

Wed., November 28

CHOOSE ONE:
(W) HOT DOG ON BUN
OR
(B) CHEESE PIZZA

SIDES

FRESH SPINACH
TROPICAL FRUIT MIX

Thursday, November 29

CHOOSE ONE:
(W) SOFT SHELL TACO
OR
(B) CHEESE PIZZA

SIDES

LETTUCE
BANANA

Friday, November 30

CHOOSE ONE:
(W) GRILLED CHICKEN PATTY ON BUN
OR
(B) CHEESE PIZZA

SIDES

BABY CARROTS
FRESH PEAR