Challenge of Children Children Conference May 16, 2013 Hope College, Holland MI

Schedule

8:00 a.m.– 1:30 p.m. **Check-In**—Hope College Haworth Center

(on 10th between College and Columbia) Pick up conference materials, folder, lunch tickets and

workshop assignments

8:00 a.m.– 1:30 p.m. **Agency Exhibits**—

Hope College Haworth Center

9:15 a.m. – 10:45 a.m. Keynote Address: Dan Seaborn

Keeping All Your Eggs In One Basket

Dimnent Chapel (Doors will be closed at 9:15)

Lunch is only available on a pre-paid

basis. No walk-in lunches will be sold on the day of the conference.

11:00 a.m.– 12:15 p.m. **Session 1 workshops**

12:30 p.m. **A Lunch**

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1:00 p.m. **B Lunch**

1:45 p.m.– 3:00 p.m. **Session 2 workshops**

Keynote by Dan Seaborn Keeping All Your Eggs In One Basket

In this presentation, Dan will share practical ways to build a healthy family based on founding principles.

Registration Information

Workshops are free, however, registration for the conference is required. Sessions will be held in various classrooms throughout campus so please wear comfortable shoes—jackets and umbrellas are also suggested. Childcare is not provided.

On-line registration is recommended www.ChallengeofChildren.org

Mail-in: If you are unable to register on-line, please complete the form below. If you choose to take advantage of the lunch buffet, payment must also accompany this registration (non-refundable).

Make checks payable to Challenge of Children.

Mail registration to:

Robin Lyons, Challenge of Children Allegan County Juvenile Center 2243 33rd Street, Allegan, MI 49010

No fax or phone registrations accepted.

For questions, call 1-269-686-4659.

Donations: This conference is funded solely by contributions. Your donation will help to ensure continuation of this annual community event. Please make checks payable to *Challenge of Children* and mail to the address above.

Registration deadline is **May 9**! Register online at: **www.challengeofchildren.org**. For information, call: Ottawa County— 616-796-1504 • Muskegon County— 231-767-7274 • Allegan County—269-686-4659 **Challenge of Children is a community effort among health and human service organizations of Allegan, Muskegon, and Ottawa Counties.**www.challengeofchildren.org facebook.com/challengeofchildren

This conference qualifies childcare providers for up to four hours of training. Training records will be available at the conference.

Workshop Choices:

(Please identify workshops by number)

 11:00-12:15 am AM Session
 1:45-3:00 pm PM Session

 1st choice
 #

 2nd choice
 #

 3rd choice
 #

(Please be sure to list your 1st, 2nd, and 3rd choice options for each time period.

You will be assigned your 2nd or 3rd choice only if your first choice is not available)

Visit *www.challengeofchildren.org* for a complete description of workshops.

Challenge of Children Workshops

For a complete description of the workshop sessions, please see the website or call one of the numbers on the front of this flyer.

AM Sessions: 11:00-12:15

- 1 Adolescents: What are They Thinking?
 Pat Crum Lubben
- 2 Advances in ADHD Treatment Oren Mason, MD
- 3 An Introduction to Autism Spectrum Disorders

Whitney Mitchell Krusniak, MEd, ABD

- 4 Breaking the Arguing Cycle
 Elaine Martin
- 5 Enjoying Your Teenager
 Katherine A. Walton, MSW, ACSW
- 6 Foster Care and Adoption: A Panel Discussion

Catherine Brink, Foster Home Licenser

- 7 Legal Planning for a Child with Disabilities Daniel Blauw and Sarah Kirkpatrick, Attorneys at Law
- 8 Parents' Role in Helping Siblings to Coexist Christine Gockman, PhD
- 9 Planning for the Rising Cost of a College Education

Aaron DeVos, Certified Financial Planner TM

- 10 Post Adoption Support
 Adoptive Family Support Network
- 11 Promoting Speech and Language Development Across Daily Activities Michelle Baewalde, MA, CCC-SLP; Becky

Portenga, OTR/L; Katie Bonner, MA, CCC-SLP; and Katie Zeedyk, MA, CCC-SLP

12 Radical Innovation: Safe Families for Children ™

Tim Nolan, LLMSW, MPA

13 Sign, Play and Sing – Learning American Sign Language with Your Little One

Darcy Logan, owner of Tunes4Tykes featuring Kindermusik

- **14 The ABCs of Food Safety** Andrea Lape, RD
- 15 The Period of PURPLE Crying: Understanding Infant Crying Leigh Moerdyke, LMSW, CPS-M
- 16 The Red Flags of Adolescent Sexuality Don LeMahieu, MSW, LM, RT and Anna Clawson, MSW, MA

17 Too Many Books, Too Little Time: Children's and Young Adult Literature 101

Dr. Deborah Vriend Van Duinen, Kendra Hackney and Anna Bonnema

- **18 Train Up an Egg**Alan Seaborn
- 19 Understanding the Abandoned and Adopted Heart

Rev. LoriJo Schepers

20 Why Do We Have These Battles? Conflict Resolution for IEPs

Susan Kuite Smith

Offered both AM and PM

- 21 A Snapshot of Teens Dave Rozman
- 22 Discipline 101: Birth to 8 Years
 Veronica Pechumer, Great Start Collaborative
 Coordinator for Ottawa County
- 23 Drugs and Sex: What Your Teen is not Telling You

Heather Alberda, BA, Sexuality Educator and Stephanie VanDerKooi, MPH, CPS-M,Prevention Service Coordinator

24 Kids Yoga

Deb Weiss-Gelmi

- 25 Parenting with Love and Logic
 Dave Sipka, Superintendent, Muskegon Area
 Intermediate School District
- 26 Talking to Kids about Race
 Sarah Salguera, Program Director, Lakeshore
 Ethnic Diversity Alliance
- 27 Your Child's Online Footprint Steve Sedore



PM Sessions: 1:45-3:00

28 ABCs, 1-2-3s, and Feelings! Fostering Social-Emotional Development with Your Infant/Toddler

Sara A. Van Tongren, LMSW

- 29 Adolescent Substance Abuse
 Marcia Rappleye, BS, SWT, CADC, CSC-R
- 30 Anger in Our Kids: Identifying, Understanding and Healing the Angry Heart Rev. LoriJo Schepers
- 31 Child Development 0-5
 Darlene VanKampen
- 32 Create a Strong, Positive and Trusting Bond with Your Children
 Elaine Martin
- **33 Grieving Children/Grieving Teens**Cindy Lucas, LMSW
- **34 Horses Healing Children** Jennifer McVoy, LMSW
- 35 How to Keep from Hard Boiling Your Eggs
 Dan Seaborn
- 36 Living with Food Allergies Amanda Brouwer
- 37 Michigan's Medicaid Autism Waiver Facts Christopher D. LePage, PsyD, LMSW and Sarah Gordon, LPC
- 38 Middle Path: Communicating, Connecting and Understanding Teens

 Eliza Salazar, LLMSW
- **39 Music, Motion and Your Tyke**Darcy Logan, owner of Tunes4Tykes featuring
 Kindermusik
- **40 Parent 360 Rx: Youth Prescription Drug Abuse**Jodi Glass, BSW
- 41 Parenting Difficult Kids: Lessons Learned in the Trenches
 Christine Mason, MD and Oren Mason, MD
- **42 Planning for a Positive Future for Your Teen** Holly Tiret
- 43 Talk with Your Child as You Read: Ways to Boost Your Child's Language and Literacy Development

Patricia A. Griffin, PhD and Hope College Students

44 Transition Planning? What's That?Peggy Fakler and Krista Krefeld-Freier

Major Contributors

Hope College

CDS Lakeshore Head Start Community Mental Health of Ottawa County

Ottawa Area Intermediate School District Spectrum Health Zeeland Community Hospital onsors

Adoptive Family Support Network Grand Rapids

Allegan County Resource Development Committee/Head Start

Allegan County 48th Circuit Court— Family Division

Great Start Collaborative

Muskegon Area Intermediate School District/Head Start

Ottawa County Health Department

Pathways, MI

20th Judicial Circuit Court – Ottawa County