



HUDSONVILLE ELEMENTARY AND HUD. CHRISTIAN

This institution is an equal opportunity provider and employer.

Miss the bag? Use it on the weekend!

The rest of the week, we've got you covered, with tasty, nutritious meals that are here for your kids every school day. With the cost of feeding a family these days, our meals are a bigger bargain than ever. Convenient, economical, healthy School Meals. You can brown bag it on the weekends -- we won't tell!

Breakfast
\$1.25

Lunch
\$2.00

Get in touch with us today to learn more about free and reduced-price meals in our district:
457-2400 OR lunchacctinfo@hpseagles.net



A Note from the Food Service Director

January Special!!

1/1/14 through 1/31/14

There will be no service charge for online deposits made at:

www.sendmoneytoschool.com

Starting Feb. 1, the \$2 service fee will resume.

Monday, January 6

**WELCOME BACK!
CHOOSE ONE:**

**(W) CHEESE
PIZZADILLA
OR**

**(B) CHICKEN NUGGETS
WITH BREAD**

SIDES

**CELERY
PEARS
GRAPES**

Tuesday, January 7

**NATIONAL THANK
YOU MONTH-
THANK SOMEONE
CHOOSE ONE:**

**(W) MAC AND MEAT
OR**

**(B) CHICKEN NUGGETS
WITH BREAD**

SIDES

**HOT BROCCOLI
APPLE SLICES WITH
CINNAMON
BANANA**

Wednesday, January 8

CHOOSE ONE:

**(W) HONEY RIB
SANDWICH
OR**

**(B) CHICKEN NUGGETS
WITH BREAD**

SIDES

**BAKED BEANS
APRICOTS
FRESH PEAR**

Thursday, January 9

CHOOSE ONE:

**(W) GRILLED CHEESE
SANDWICH
OR**

**(B) CHICKEN NUGGETS
WITH BREAD**

SIDES

**TOMATO SOUP
PEACHES
ORANGE WEDGES**

Friday, January 10

CHOOSE ONE:

**(W) CORN DOG
OR**

**(B) CHICKEN NUGGETS
WITH BREAD**

SIDES

**PEAS
TROPICAL FRUIT MIX
FARM FRESH APPLE**

*Martin
Luther
King, Jr.'s
Birthday is
commemo-
rated this
year on
Monday,
January 20*



Monday, January 13

**TRY A BOWL OF
SOUP WEEK
CHOOSE ONE:**

**(W) PEPPERONI PIZZA
BAGEL
OR**

**(B) CHEESEBURGER
OR HAMBURGER
ON BUN**

SIDES

**GARBANZO BEANS
PINEAPPLE
FARM FRESH APPLE**

Tuesday, January 14

**CHOOSE ONE:
(W) CHICKEN NOODLE
AND RICE SOUP WITH
MINI BOSCO
OR**

**(B) CHEESEBURGER
OR HAMBURGER
ON BUN**

SIDES

**FRESH BROCCOLI
PEARS
ORANGE WEDGES**

Wednesday, January 15

**CHOOSE ONE:
(W) TACO BOAT WITH
GOLDFISH GRAHAM
OR**

**(B) CHEESEBURGER
OR HAMBURGER
ON BUN**

SIDES

**GREEN BEANS
PEACHES
BANANA**

FREE TRADING CARDS

Thursday, January 16

**CHOOSE ONE:
(W) CHILI WITH MEAT
AND BAKED SCOOPS
OR**

**(B) CHEESEBURGER
OR HAMBURGER
ON BUN**

SIDES

**MINI BAKED POTATO
MIXED FRUIT
GRAPES**

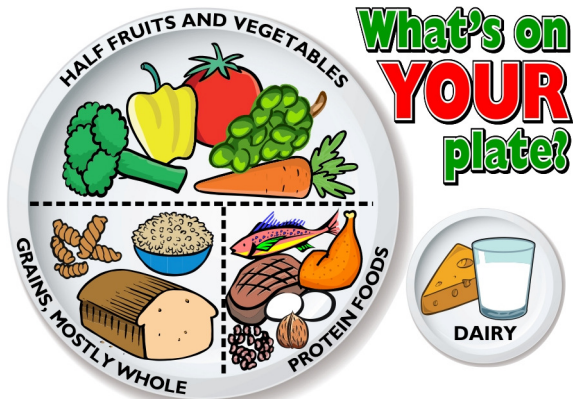
Friday, January 17

**CHOOSE ONE:
(W) HAM CHEF WITH
ROLL
OR**

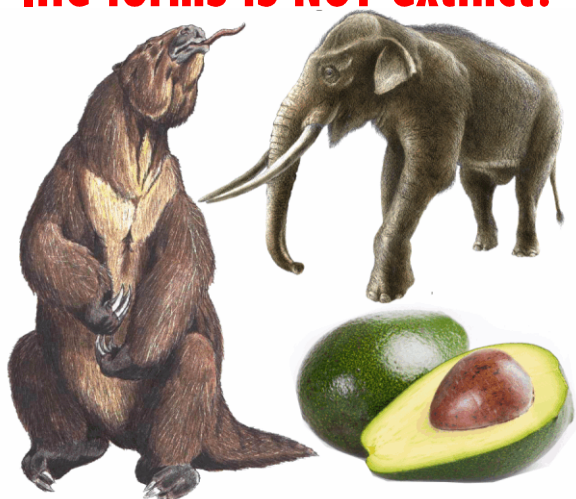
**(B) CHEESEBURGER
OR HAMBURGER
ON BUN**

SIDES

**ROMAINE RIBBONS
MANDARIN ORANGES
FRESH PEAR**



Which of these prehistoric life forms is NOT extinct?



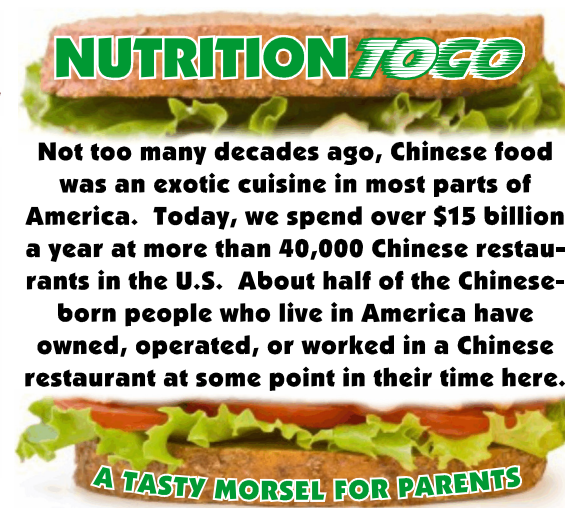
STEGOMASTODON -- a six-ton elephant-like behemoth.
MEGATHERIUM -- a four-ton giant ground sloth. And the
AVOCADO?! The first two are extinct -- and the third probably
should be. The avocado plant developed its large seed (it was
even larger back then) because very big animals would eat the
fruit whole in one gulp, seed and all, and help the plant spread
to new areas. When most of the big mammals died off 10,000
or more years ago, the avocado should have disappeared with
them -- birds and tiny mammals can't begin to swallow and
disperse a seed that big! But somehow the wild avocado
survived thousands of years until humans learned to cultivate
the delicious fruit. And the avocado's future survival was
guaranteed when man discovered the Super Bowl and started
cranking out lots of guacamole every winter!!

Learn more at www.CHOOSEMYPLATE.gov or
http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, January 20 BALD EAGLE APPRECIATION WEEK CHOOSE ONE: (W) TEXAS CINNAMON TOAST WITH SCRAMBLED EGGS OR (B) HAM AND CHEESE ON BUN SIDES CUCUMBERS 100% FRUIT APPLE JUICE GRAPES	Tuesday, January 21 CHOOSE ONE: (W) TURKEY GRAVY WITH ROLL OR (B) HAM AND CHEESE ON BUN SIDES MASHED POTATOES APPLESAUCE ORANGE WEDGES	Wednesday, January 22 CHOOSE ONE: (W) BOSCO CHEESE STICKS (2) WITH MEATLESS SAUCE OR (B) HAM AND CHEESE ON BUN SIDES FRESH SPINACH MIXED FRUIT BANANA	Thursday, January 23 CHOOSE ONE: (W) CHEESY GARLIC FLATBREAD OR (B) HAM AND CHEESE ON BUN SIDES BEAN SALAD PINEAPPLE FARM FRESH APPLE	Friday, January 24 CHOOSE ONE: (W) CHICKEN TENDERS WITH GOLDFISH GRAHAM OR (B) HAM AND CHEESE ON BUN SIDES GREEN BEANS TROPICAL FRUIT MIX RAISINS
Monday, January 27 NATIONAL SNOW SCULPTURE WEEK CHOOSE ONE: (W) TERIYAKI BEEF NIBBLERS WITH ROLL OR (B) CHEESE PIZZA SIDES CORN PEARS FARM FRESH APPLE	Tuesday, January 28 CHOOSE ONE: (W) DICED BBQ CHICKEN ON BUN OR (B) CHEESE PIZZA SIDES BABY CARROTS MIXED FRUIT GRAPES FREE ROCK STAR KEY CHAIN	Wednesday, January 29 CHOOSE ONE: (W) FISH TREASURES OR (B) CHEESE PIZZA SIDES HOT BROCCOLI APPLE SLICES WITH CINNAMON BANANA	Thursday, January 30 CHOOSE ONE: (W) MAC AND CHEESE WITH ROLL OR (B) CHEESE PIZZA SIDES GREEN BEANS PINEAPPLE ORANGE WEDGES	Friday, January 31 CHOOSE ONE: (W) GRILLED CHICKEN PATTY ON BUN OR (B) CHEESE PIZZA SIDES BAKED BEANS APRICOTS FRESH PEAR NO LUNCH FOR HUDS. PUBLIC



The Chinese New Year begins with the new moon on January 31st.
2014 is the year of the Horse.



Not too many decades ago, Chinese food was an exotic cuisine in most parts of America. Today, we spend over \$15 billion a year at more than 40,000 Chinese restaurants in the U.S. About half of the Chinese-born people who live in America have owned, operated, or worked in a Chinese restaurant at some point in their time here.